

Meet *the* LAUNCH Physical Therapy Team



*Doctor
Liz*

President & CEO of LAUNCH Doctor of Physical Therapy

- Head PT & Medical Team Coordinator for National Scholastic Athletic Foundation – Track & Field
- Touring PT for actor/comedian Billy Crystal
- Washington Nationals ~ Team PT for Major League Baseball
- Contract PT for MLB, NFL, NHL, and USA Track & Field
- Team USA Olympic National Track & Field Championships
- Personal PT for 2008 Olympic mid-distance male running team members
- The Running School ~ PT for elite USA male & female runners
- Recognized as a TOP Physical Therapist throughout the Montgomery County, Maryland region and is featured as a Medical Expert on the TOP Doctors Interviews which are seen on CNN Headline News, FOX News, CNBC, ESPN and other networks
- WISA ice dancing PT & Strength Coach
- Consultant PT for Under Armour

Education & Certifications

- Licensed Doctor of PT (MD #22330)
- Doctorate of Physical Therapy
- Bachelor of Science: Exercise & Sport Science
- Minor: Small Business & Entrepreneurship
- Concentration: Applied Ethics
- Postural Restoration Certified – Postural Restoration Institute
- Certified Strength & Conditioning Coach – National Strength Professionals Association
- CPR for the Healthcare Provider – American Heart Association
- APTA Clinical Instructor



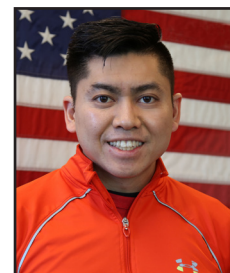
*Doctor
John*

Head PT of LAUNCH Doctor of Physical Therapy

- Presented at multiple medical conferences
- Has been featured on WTTG Fox 5 and WRC NBC 4
- Well-known among a variety of DC-area politicians, lobbyists, lawmakers, and professionals
- Featured in the Washington Post and medical-related Podcasts
- Treats professional, collegiate, recreational, and high school athletes. Including:
 - Members of the US National Women's Lacrosse team
 - U of MD football, track & field, and baseball teams
 - Montgomery Community College baseball
 - Capital Rowing Club
 - DC Breeze frisbee team; the US Ultimate Frisbee
 - Masters National Champion team
 - Masters triathletes
 - DC Fencing Club
 - Washington Figure Skating Club
 - DC Divas professional women's football team

Education & Certifications

- Licensed Doctor of PT (MD #22764)
- Doctor of Physical Therapy (Univ. of MD Eastern Shore)
- ABPTS board-certified Sports-Certified Specialist
- NSCA Certified Strength and Conditioning Specialist
- Performs functional dry needling treatment (Kinetacore cert. level 2)
- APTA-certified Clinical Instructor
- Offers instrument-assisted soft tissue mobilization (IASTM), spinal manipulative treatments, and active release technique (ART) treatments
- CPR - American Heart Association
- CorVel Provider



*Doctor
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Doctor of Physical Therapy

- Strength Coach for Walter Johnson High School girls soccer team (varsity and junior varsity)
- PT for Sherwood High School athletics program
- Former associate of medical team for the Baltimore Blast indoor soccer team
- Former associate of medical team for the National Scholastic Athletic Foundation New Balance National Indoor Track & Field Championships
- WISA ice dancing PT & Strength Coach
- Rehab & work hardening specialist for MD firefighters

Education & Certifications

- Licensed Doctor of PT (MD #23743)
- Doctor of Physical Therapy (Univ. of MD)
- ABPTS board-certified Sports-Certified Specialist
- NSCA Certified Strength and Conditioning Specialist
- CPR - American Heart Association
- CorVel Provider

*Changing
Lives!*